

**Roger Nelson "Inspiration" Award (formerly Ginny Anderson)- Dennis Hinckley, Sioux Falls**

**I was raised on a farm near Armour, SD, and graduated from Armour in 1970. A Co-worker at the Sioux Falls Post office informed me that he and his wife competed in the Senior Games and that they really enjoyed the Local, State and National Senior Games.**

**My first competition was the Softball Throw at the Sioux Falls local games in 2007, a short 10 years ago. I was about 50 + years old, and heavier during this time, and it was right after these games that my Dr. advised me to try to control my blood pressure and cholesterol.**

**I enjoy competing in a lot of events at various Local, & State Games in SD. Also went to Iowa in June and broke a Field Goal Kick event at 35 yards, in 65-69 age group. At the National Senior Games in 2015 in Minneapolis, I place 4<sup>th</sup> & 5<sup>th</sup>, in Shuffleboard Singles and Doubles. In 2017 in Birmingham, I place 4<sup>th</sup> in Shuffleboard Doubles and 7<sup>th</sup> in Horseshoes. To me, the most important things while competing in the Senior Games, are meeting people, visiting new cities and states, and making new friends, all while trying to stay healthy!**

**Dennis Hinckley**