

DOUG ROBY –Hall of Fame information for SD Senior Games Banquet Booklet – 2017

I was born in Watertown, SD and grew up in a family consisting of 4 brothers, 3 older and 1 younger than me. We have been blessed as my Father, age 96, and Mother, age 88, are still living in Watertown. All my growing up years, I played all sports, playing outside a good deal of time, as the Xbox had not yet been invented.

I became interested in Sports by going through my Dad's scrapbook. He became my inspiration as he was a very successful all-state Football, Basketball and Track athlete at Watertown High School. He held the 100 and 220 yard dash records for 30 years and was eventually inducted into the Watertown High School Hall of Fame 15 years ago. All my brothers were successful in Track and encouraged me to participate also.

With such a sports-minded family, I participated in Cross Country, Football, Basketball, and Track all during my High School years. I graduated from High School in 1978 and went on to participate in Cross Country and Track at Northern State University and graduated from NSU in 1982. While at Northern, I received NSIC Honors in Javelin by Junior and Senior years.

In 1982, I married my sweetheart, Candy who is not only my wife, but my best friend, coach and chief EGO-checker. She keeps me grounded! We have 4 wonderful children and 4 grandchildren.

After graduating from Northern, I worked with Kmart for 10 years, living in 10 different cities. In 1992 we settled in Sioux Falls where I have been CEO of Commercial Interior Décor, Inc.

I continued in sports and with the SD Senior Games and hold records in the Javelin/Softball Throw & Hammer in the 50-54 and 55-59 age group. I hold several other State records in Javelin and Hammer in both age groups. I have medaled at the National Senior Games meet and USA Track and Field National meet. As a participant in SD Senior Games, in the past years I received the Games "Rookie of the Year" Award and the "MVP" Award. Aside from Senior Games, over the years I received numerous awards as All American/USA, Top 25/USA, Top10 via Masters Track and Field Rankings.